

# **NBCRNA CPC Program Review**

What you need to know

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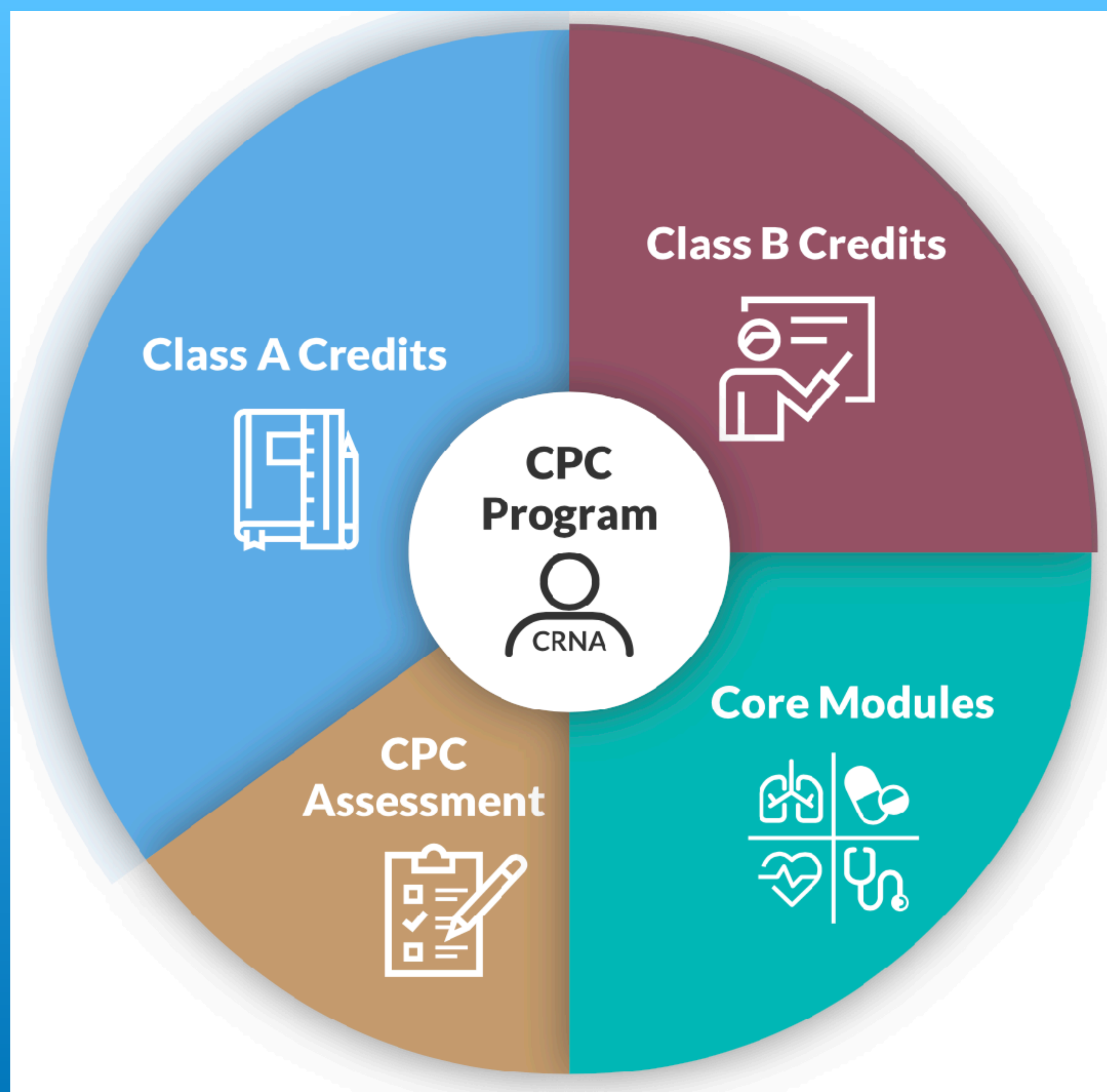
# CPC Program Review Objectives

1. Review the NBCRNA CPC program & exam structure and timelines.
2. Discuss exam preparation strategies in order to reduce stress & improve outcomes.
3. Provide recommendations for action related to the CPC program.

# CPC Program Overview



1. **Program at a glance (what's required when)**
2. Breakdown of Class A & Class B credits & reporting
3. Check-in & Renewal of Certification requirements
4. Core Modules
5. CPC Assessment
6. Tips for mastering the CPC Program & your continuing education







- 60 Class A Assessed CE Credits
  - 40 Class B Credits
  - 4 Core Modules
- (Optional in your first 4-year cycle if it's completed in 2020 or 2021)

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2016 2018 2020 2022 2024

CPC Program launched in 2016



# 2016

# 2018

# 2020

# 2022

# 2024

## CPC Program launched in 2016

# First CRNAs in program must take CPCA by February 2024





2016 2018 2020 2022 2024

CPC Program launched in 2016

These CRNAs renewed their certification in 2020.

First CRNAs in program must take CPCA by February 2024



2016	2018	2020	2022	2024
2017	2019	2021	2023	2025
2018	2020	2022	2024	2026
2019	2021	2023	2025	2027
2020	2022	2024	2026	2028
2021	2023	2025	2027	2029
2022	2024	2026	2028	2030

**Renewed Certification in 2020**

**Take CPCA by February 2024**



2016	2018	2020	2022	2024
<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2023</b>	<b>2025</b>
2018	2020	2022	2024	2026
2019	2021	2023	2025	2027
2020	2022	2024	2026	2028
2021	2023	2025	2027	2029
2022	2024	2026	2028	2030

**Renewed Certification in 2021**

**Take CPCA by February 2025**



2016	2018	2020	2022	2024
2017	2019	2021	2023	2025
<b>2018</b>	<b>2020</b>	<b>2022</b>	<b>2024</b>	<b>2026</b>
2019	2021	2023	2025	2027
2020	2022	2024	2026	2028
2021	2023	2025	2027	2029
2022	2024	2026	2028	2030

**New Grad in 2018**  
**Complete first cycle in 2022**

**Take CPCA by February 2026**





2016	2018	2020	2022	2024
2017	2019	2021	2023	2025
2018	2020	2022	2024	2026
<b>2019</b>	<b>2021</b>	<b>2023</b>	<b>2025</b>	<b>2027</b>
2020	2022	2024	2026	2028
2021	2023	2025	2027	2029
2022	2024	2026	2028	2030

**New Grad in 2019**  
**Complete first cycle in 2023**

**Take CPCA by February 2027**



2016	2018	2020	2022	2024
2017	2019	2021	2023	2025
2018	2020	2022	2024	2026
2019	2021	2023	2025	2027
<b>2020</b>	<b>2022</b>	<b>2024</b>	<b>2026</b>	<b>2028</b>
2021	2023	2025	2027	2029
2022	2024	2026	2028	2030

**New Grad in 2020**  
**Complete first cycle in 2024**

**Take CPCA by February 2028**



2016	2018	2020	2022	2024
2017	2019	2021	2023	2025
2018	2020	2022	2024	2026
2019	2021	2023	2025	2027
2020	2022	2024	2026	2028
<b>2021</b>	<b>2023</b>	<b>2025</b>	<b>2027</b>	<b>2029</b>
2022	2024	2026	2028	2030

**New Grad in 2021**  
**Complete first cycle in 2025**

**Take CPCA by February 2029**



2016	2018	2020	2022	2024
2017	2019	2021	2023	2025
2018	2020	2022	2024	2026
2019	2021	2023	2025	2027
2020	2022	2024	2026	2028
2021	2023	2025	2027	2029
<b>2022</b>	<b>2024</b>	<b>2026</b>	<b>2028</b>	<b>2030</b>

New Grad in 2022 (maybe)  
Complete first cycle in 2026

Take CPCA by February 2030





60 Class A Credits

40 Class B Credits

4 Core Modules

60 Class A Credits

40 Class B Credits

4 Core Modules



### 1st 4-YEAR CYCLE

- 60 Class A Assessed CE Credits
- 40 Class B Credits
- 4 Core Modules  
(Optional in your first 4-year cycle if it's completed in 2020 or 2021)

### 2nd 4-YEAR CYCLE

- 60 Class A Assessed CE Credits
- 40 Class B Credits
- 4 Core Modules
- CPC Assessment



# CPC Program Overview



1. Program at a glance (what's required when)
- 2. Breakdown of Class A & Class B credits & reporting**
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# Class A Credits

- **60 Class A credit hours** required *per 4-year cycle*
- Must be **prior approved** by AANA
- Must include an **assessment**
- Extra Class A credits (>60) count as Class B credits
- **Class A credits are reported for you**

# Class B Credits

- **40 Class B credit hours** required *per 4-year cycle*
- Professional activities = Class B credit
- ***Do NOT require prior approval or an assessment***
- AANA Members: report credits through AANA Learn
- Non-AANA Members: report credits directly to NBCRNA *if you're audited*



Published July 2020

**CPC PROGRAM**  
CONTINUED PROFESSIONAL CERTIFICATION

# Class B Requirements

**Professional Development Activities and their Values**  
**Approved by the NBCRNA for Use with the CPC Program**

**NBCRNA**  
National Board of Certification  
& Recertification for Nurse Anesthetists



# Class B Credit Examples

Non-prior approved/not assessed: 1 hour = 1 credit  
(i.e. podcasts, grand rounds, mortality/morbidity conferences)

Academic credits: 1 credit hour = 3 Class B credits

Presentations: 1 hour of presenting = 3 credits

Book publication: 1 book = 10 credits

Chapter publication: 1 chapter = 7 credits

Peer reviewed publication: 1 article = 5 credits

# Class B Credit Examples

Precepting (any learner): 1 day = 1 credit

Grant publication: 1 grant = 5 credits

Clinical Admin: 1 year = 5 credits

(i.e. Chief CRNA, Clinical Coordinator, Subspecialty Leader)

Subspecialty/Austere Role: 1 year = 5 credits

(i.e. specialty team, pain management, combat deployment)

Service - seated or elected: 1 year = 5 credits

(i.e. international, national, state, facility boards, committees, task forces)

Service - mission/diplomatic: 1 trip = 5 credits

# Class B Credit Examples

**Advocacy/Public Relations:** 1 day = 5 credits  
(i.e. national/state legislative days, career days, etc.)

**Research/Practice Inquiry:** 1 project = 10 credits  
(i.e. principal investigator, DNP/DNAP dissertation, thesis)

**Research/Practice Inquiry:** 1 project = 5 credits  
(i.e. committee/team member)

**Life Support Courses:** 1 hour = 1 credit  
(Up to 20 credits per cycle - may classify as Class A if prior approved.)

**Quality Improvement Initiatives:** 1 project = 5 credits  
(i.e. committee/team involvement)



# Class B Credit Examples

Discovery: 1 product = 10 credits

(i.e. creation of tangible product related to anesthesia/health care)

Integration of new clinical technique: 1 skill = 3 credits

(i.e. ultrasound, new blocks, OFA, etc.)

***Any Class A credits (>60) count as Class B credits***

# How do I know what credits I have?

Log in  
to AANA.com



## AANA Login

User ID

[Forgot User ID](#)

Password

[Forgot Password](#)

Log in

☒ Remember me

# You will see this:

Click this



## My CE Credits

### What You Have:

You have 69.5 continuing education credits

- 54.5 are class A credits
- 15 are class B credits

Your cycle is from 8/1/21 to 7/31/25 . Your CPC earn period is from 4/18/21 to 7/31/25.

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### What You Need:

Required for CPC:

- 60 Class A - 5.5 remaining.
- 40 Class B - 25 remaining.

What You Have

You have **69.50** continuing education credits.

**54.50** are class A credits.

**15.00** are class B credits.

**0.00** of your total credits in this cycle for class A and class B combined are Life Support credits.

You may report up to a total of **20.00** Life Support credits per CPC cycle for class A and class B combined.

Your CPC cycle is from [8/1/2021](#) to [7/31/2025](#). Your CPC earn period is from [4/18/2021](#) to [7/31/2025](#).

What You Need

Required for CPC:

60.00 Class A = 5.50 remaining.  
Visit [CRNA Knowledge Network](#) for class A learning.

40.00 Class B = 25.00 remaining.  
Have Class B Credits? [Submit and Review Your Class B Credits](#).

CPC Core Modules in This Cycle		
Core Module	Completion Status	Date Completed
Airway Management Techniques	Not yet complete	-
Anesthesia Equipment and Technology	Not yet complete	-
Applied Clinical Pharmacology	Not yet complete	-
Human Physiology and Pathophysiology	Not yet complete	-



# Where to report Class B Credits:

[AANA.com](https://www.aana.com)

CRNA Careers

Governance & Leadership

Donate

Patients

Contact Us

CRNA-PAC

Store

About Us

Welcome, Jon Lowrance

MyAANA

AANA

American Association of  
NURSE ANESTHESIOLOGY

Enter Keyword

CE Opportunities

Advocacy & Policy

Member Center

Meetings

Practice

Publications

AANA Insurance

States

CE Opportunities

CPC Core Modules

CRNA Knowledge Network

Submit Class B Credits

Program Admin Portal

CE Portal - Apply for Class A Credits

CE Transcripts

Pain Management Fellowships

Educators

Education Opportunities for Students

CE Calendar of Events

Click this





Enter Keyword

[CE Opportunities](#)[Advocacy & Policy](#)[Member Center](#)[Meetings](#)[Practice](#)[Publications](#)[AANA Insurance](#)[States](#)

## Submit Class B Credits

Class B credits are the most flexible component of the NBCRNA's CPC Program. You can earn them through a variety of professional activities that you are likely already engaged in.

[Submit or Review Class B Credits](#)

### Class B Submission Criteria

Class B credits do not require prior approval or an assessment. Qualifying activities must do at least one of the following:

- Enhances knowledge of anesthesia practice
- Supports patient safety
- or Fosters an understanding of the broader health care environment

[View list of qualifying activities and Class B Credit](#) (PDF via NBCRNA)

If you do not see an activity you believe may qualify as a Class B activity, contact [CPC@nbcna.com](mailto:CPC@nbcna.com) to discuss whether that activity could be applied to the Class B requirement.

**CPC PROGRAM**  
CONTINUED PROFESSIONAL CERTIFICATION

## Class B Requirements

Professional Development Activities and their Values  
Approved by the NBCRNA for Use with the CPC Program

**NBCRNA**  
National Board of Certification  
A Commitment to Your Excellence

Click  
this





# Class B Credits Summary

Member ID	107473	CE Cycle	4/18/2021 - 7/31/2025
Name	Jon Lowrance	Earned Class A Credits	54.50
		Earned Class B Credits	15.00

## Credit Submissions

Add New Entry

Filter by Date Earned Between










12/20/2021

and

12/20/2021

Apply

Clear Filter

Activity	Date Submitted	Date Earned 	Credit Value	
Class B - Service - Seated or Elected Activity	08/13/2021	08/13/2021	5.00	 
Class B - Clinical Administration	08/13/2021	08/13/2021	5.00	 
Class B - Subspecialty Clinical Practice Role	08/13/2021	08/13/2021	5.00	 
Class B - Teaching in the Clinical Setting	04/30/2018	04/26/2018	1.00	
Class B - Presentations	04/30/2018	04/12/2018	3.00	

# Submit Class B Credit

Member ID	107473	CE Cycle	4/18/2021 - 7/31/2025
Name	Jon Lowrance	Earned Class A Credits	54.50
		Earned Class B Credits	15.00

## New Entry

Activity \*

Date Earned \*

12/20/2021

Class B Credits \*

Supporting Documentation

Use this section to upload attachments relevant to the requirements specified by activity type. Please refer to the [NBCRNA Class B Requirements Activity Category Table](#) for specific information on those requirements.

Allowed file types: .pdf, .doc, .docx, .xls, .xlsx, .zip, .jpg and .png. Maximum allowed size of uploaded files: 100 MB.

File 1

Choose File

no file selected

Description

File 2

Choose File

no file selected

Description

File 3

Choose File

no file selected

Description

Submit New Entry



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# Check-in



- Check-in at [NBCRNA.com](https://nbcrna.com) mid-way through each cycle
- Verify State License
- Confirm continuing practice
- Update contact information
- **Check your progress** with CPC Program
- No fees required at Check-in

# Certification Renewal



1, 4

- Renew at [NBCRNA.com](https://nbcrna.com) every 4 years
- Verify State License
- Confirm continuing practice
- Update contact information
- ***Demonstrate compliance*** with CPC Program
- **Pay \$250 CPC fee (historically \$110 every 2 years)**





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# Core Modules



- Computer-based or in-person
- **Count for Class A credit**
- **There are four Core Module topics:**
  1. Airway Management
  2. Applied Clinical Pharmacology
  3. Human Physiology and Pathophysiology
  4. Anesthesia Equipment and Technology
- ***Optional*** during first 4-year cycle
- ***Required*** every 4-year cycle thereafter

## Core Module Providers



AANA CORE MODULES



APEX ANESTHESIA REVIEW CORE MODULES



CRNA EDUCATION CORE MODULES



NEW JERSEY ASSOCIATION OF NURSE ANESTHETISTS CORE MODULES



SUMMIT ANESTHESIA SEMINARS CORE MODULES



TEAMHEALTH CORE MODULES





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# CPC Assessment



- 150-question, 3-hour computerized, closed-book test
- Required once every 8 years
- Covers same four domains as the Core Modules:
  1. Airway Management **(34%)**
  2. Applied Clinical Pharmacology **(24%)**
  3. Human Physiology and Pathophysiology **(24%)**
  4. Anesthesia Equipment and Technology **(18%)**
- Cost: \$295

# CPC Assessment



- **Not PASS/FAIL**
- **Does NOT affect your credential**
- If you're deficient in a domain, you must take 1 additional Class A credit pertaining to that domain as remediation *before the end of your CPC cycle*
- *Should be taken at least 6 months before the end of your CPC cycle*
- May be taken at home or at a Pearson testing center.
- If at taking home, begin logging in at least 30 minutes before your start time.



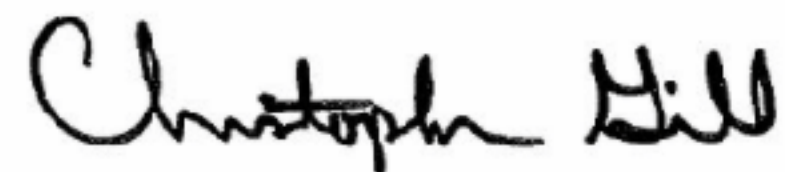
Dear Jon,

Congratulations! The National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA) is pleased to inform you that you have met the performance standard on your Continued Professional Certification Assessment (CPCA).

Your overall performance on the CPCA was calculated based on the total number of questions you answered correctly. The complete assessment is reported as a scaled score ranging from 300 to 900. Performance at or above 450 meets the performance standard for this assessment. Exact scores for individuals who meet or exceed the performance standard are not disclosed to prevent misuse of the information.

We encourage you to continue your pursuit of lifelong learning and thank you for your participation in the CPC Assessment. The NBCRNA commends you on your achievement and wishes you continued success with your career in nurse anesthesia.

Sincerely,



Christopher Gill, PhD, MBA, CRNA  
Chief Credentialing Officer

# CPC Program Overview



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# How to master the CPC Program

1. Log in to [AANA.com](https://www.aana.com) to see where you're at
2. Meet these 2 deadlines early:
  1. Report your Class B credit
  2. Take your CPC Assessment at least 6-months before the deadline
3. Find some Core Modules that you're stoked about
4. Be open minded about the process: master your craft!



**Why do we have the CPC Program?**

**Why is the CRNA credential valuable?**

# NBCRNA assures the value of “CRNA”

NBCRNA is required by their accreditors to have a program to assess CRNA continued competency.





“Most professionals reach a stable, average level of performance within a relatively short time frame and maintain this mediocre status for the rest of their careers.”

- Anders Ericsson

**What are other providers doing?**

	Nurse Anesthetists	Anesthesiologist Assistants	Anesthesiologists (ABA-boarded)	Certified Nurse Midwives	Nurse Practitioners (AANP)	Nurse Practitioners (ANCC)
Recertification Frequency	8 years	6 years	10 years	5 years	5 years	5 years
Continuing Education	100 hours every four years (250 in 10 years)  4 Core Modules every four years	40 hours every two years (200 in 10 years)	250 hours every 10 years  MOCA Part 4 (25 points/5 years)	20 hours every 5 years (40 in 10 years)  3 Certificate Maintenance Modules	100 hours every 5 years (200 in 10 years)	75 hours every 5 years (150 in 10 years)  +1 of 8 renewal activity
Exam Requirement	Yes, every 8 years (150 questions)	Yes, every 6 years	Yes, annually (120 questions)	Optional	Optional	Optional
Practice Requirement	Yes	No	Yes	No	1000 hours every 5 years	Optional (1000 hours counts as a renewal activity)



**How much does it cost?**

# CPC Program Cost

## 60 Class A credit hours

- average cost is about \$30/credit
- in-person conferences add substantial expense

## 40 Class B credit hours

- *FREE*

## Core Modules

- price varies
  - Ex. APEX Pharmacology Core Module: \$149 for 6 Class A credits (\$24.83/credit)
  - Ex. AANA Core Modules (all four): \$299 for 17 Class A credits (\$17.58/credit)

## Renewal of Certification

- **\$250 CPC fee every 4 years**

## CPC Assessment

- Required once every 8 years
- \$295

Old program	Per Year	Per 2 Years	Per 4 Years	Per 8 Years
20 CE/yr	600	1200	2400	4800
Recert fee	55	110	220	440
Total	655	1310	2620	5240

CPC Program	Per Year	Per 2 Years	Per 4 Years	Per 8 Years
Class A (15/yr)	450	900	1290*	2580*
Class B (10/yr)	—	—	—	—
Recert fee	62.50	125	250	500
CPCA	36.88	73.75	147.50	295
Core Modules	—	—	299	598
Total	624.13	1248.25	1986.50*	3973*

*\*Prices with Core Modules as 17 of your Class A credits every 4 years*

*\*\*Costs can be further reduced for AANA Members who receive 6 free Class A credits annually.*



**But I'm still nervous about the test.**

# Tips for crushing the test

1. Take it early.
2. Don't sweat your score: it's not PASS/FAIL and doesn't effect your credential.
3. Plan to take additional Class A credit during your CPC Cycle.
4. Relax. It's a Celebration of Knowledge!

# Tips for crushing the test

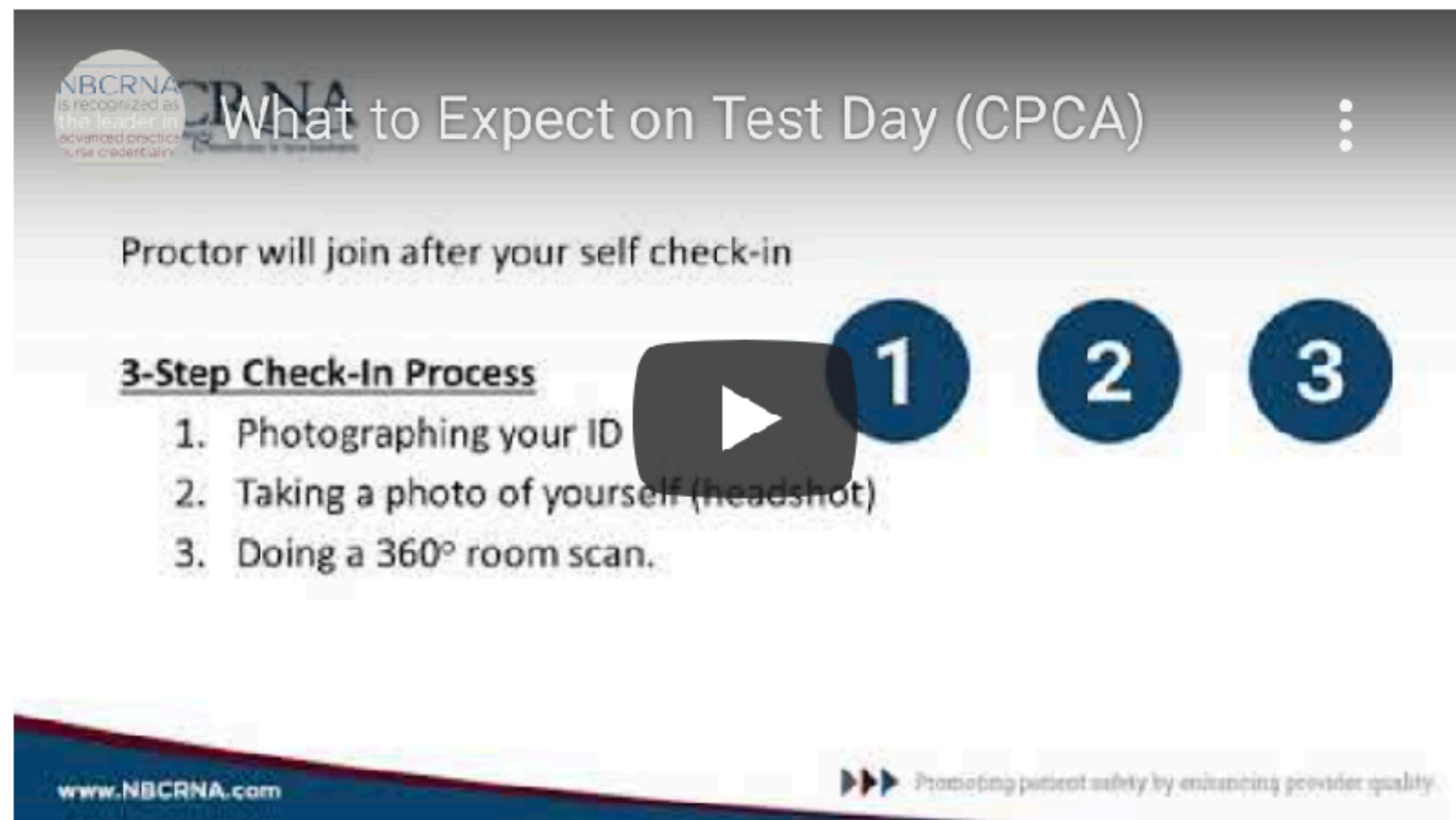
## 5. Decide to take it in-person or at-home

- In person:
  - Choose date/time/location carefully
  - Plan to drive by and walk in ahead of time
- At home:
  - Schedule it and READ ALL DIRECTIONS CAREFULLY
  - Check WiFi, computer specs and block out space/time
  - **Sign in at least 30 minutes early...** it takes this long to set up your computer



# Tips for crushing the test

## Video: What to Expect on Test Day



This video covers what to expect on test day in the online proctored environment. The check-in process, testing experience, and key features of the CPCA are all covered. [SEE MORE AT OUR YOUTUBE CHANNEL!](#)

## Video: Deciding the Best Way to Test

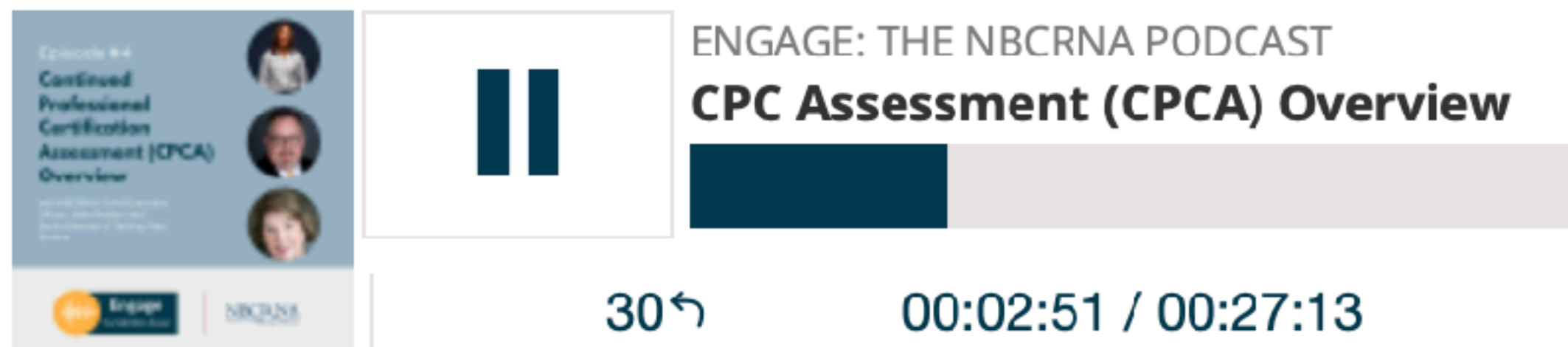


This video covers what online proctoring entails and whether it is the right testing option for you. The testing environment, what technology is necessary, and testing rules are also covered. [SEE MORE AT OUR YOUTUBE CHANNEL!](#)

# Tips for crushing the test

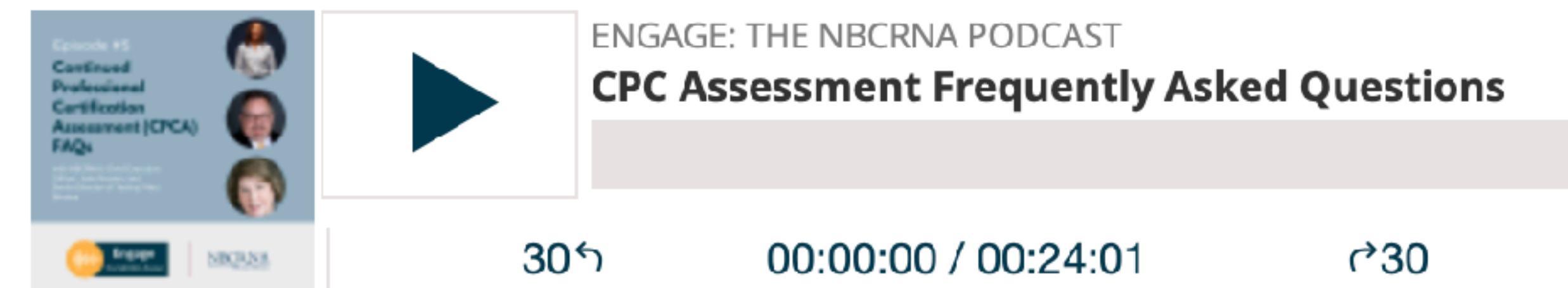


## CPC Assessment (CPCA) Overview



May 12, 2021

## CPC Assessment Frequently Asked Questions



May 12, 2021

# Tips for crushing the test



## 6. NBCRNA Provides Practice Exams:

- The “Quick20” - **FREE**
- Two 40-question Practice Exams
  - 1 costs \$30 or...
  - **Both bundled for \$50**
  - **2 Class A credits for each exam (4 total)**
  - 80-question bank *for each exam* **(160 questions total)** available for review after taking the exams



1. A mainstem intubation is MORE likely to occur with: (Select 2.)

- A. neck extension
- B. neck flexion
- C. supine position
- D. Trendelenburg position

1. A mainstem intubation is MORE likely to occur with: (Select 2.)

A. neck extension

**B. neck flexion**

C. supine position

**D. Trendelenburg position**

2. Which is a clinical feature of pulse oximetry?

- A. Is unaffected by ambient light
- B. May be limited with hypothermia
- C. Produces no variability with motion artifact
- D. Provides accurate measurement with methemoglobinemia

2. Which is a clinical feature of pulse oximetry?

- A. Is unaffected by ambient light
- B. May be limited with hypothermia**
- C. Produces no variability with motion artifact
- D. Provides accurate measurement with methemoglobinemia



3. The MOST appropriate treatment for a 75kg male who develops a laryngospasm that cannot be relieved by positive-pressure ventilation is the administration of:

- A. Lidocaine 100 mg
- B. Ketamine 100 mg
- C. Rocuronium 30 mg
- D. Succinylcholine 20 mg

3. The MOST appropriate treatment for a 75kg male who develops a laryngospasm that cannot be relieved by positive-pressure ventilation is the administration of:

- A. Lidocaine 100 mg
- B. Ketamine 100 mg
- C. Rocuronium 30 mg
- D. Succinylcholine 20 mg**

## **Call to Action: *simple steps to get dialed in.***

1. Login to AANA Learn and see where you are.
2. Identify free Class B Activities and report your credits!
3. Take the FREE Quick20 practice exam from NBCRNA

# References

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# **NBCRNA CPC Program Review**

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